

Lunch at Bagel Twins

Smoke Fish Platters

All of our Smoked Fish is hand sliced to order, served with Lettuce, Tomato, Bermuda Onion, Cucumber, and Greek Olives

Choice of - Bagel or Bialy

Choice of - Cole Slaw, Potato Salad, Macaroni Salad, Israeli Salad or Cucumber Salad

Mini Nova or Lox Platter	\$15.99
Large Nova or Lox	\$22.99
Whitefish Center Cut.....	\$18.95
Sable	\$24.95
Baked Salmon (Center Cut).....	\$22.95
Herring Fillet in Cream Sauce	\$8.75
Matjes Herring in Red Wine Sauce	\$9.25
Fancy Lake Sturgeon	\$28.75

Twin Smoked Fish Feast

Choose two: Cole Slaw, Potato Salad, Macaroni Salad, Israel Salad or Cucumber Salad

Choose two - Bagel or Bialy and Plain or Scallion Cream Cheese

2 Fish Combo.....	\$58.99
Choice of 2: Lox, Nova, Whitefish, Sable, Baked Salmon or Sturgeon	
3 Fish Combo.....	\$69.99
Choice of 3: Lox, Nova, Whitefish, Sable, Baked Salmon or Sturgeon	

Homemade Salad Sandwiches

All Sandwiches, come on Rye Bread and are served with Lettuce, Tomato, & Onion, Choice of dressing

Choose One: Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad or Israeli Salad

Egg.....	\$11.99	Tuna	\$12.99
Chicken	\$12.99	Whitefish Salad	\$14.99
Baked Salmon Salad..	\$14.99	Shrimp.....	\$14.99
Chopped Liver	\$12.99	Chopped Herring	\$12.99
Veggie Tuna Salad	\$13.99		

Bagel Twins Wraps

With choice of Cole Slaw, Potato Salad, Cucumber Salad or Israeli Salad

Shrimp Salad.....	\$14.99
Thanksgiving	\$14.99
Fresh Turkey, Cranberry Sauce & Sweet Potato	
Tuna or Chicken Salad	\$12.99
Grilled Chicken	\$13.99
Lettuce, Tomato, Diced Onion & Honey Mustard	
Chef's.....	\$15.99
Turkey, Ham, Swiss, Lettuce, Tomato & Mayonnaise	



Freshly Made Salad Platters

Served with Lettuce, Tomato, Onion, Cucumber, Peppers & Olives

Choose One: Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad or Israeli Salad

Choice of: Bread or Bagel

Egg.....	\$12.99	Whitefish.....	\$14.99
Chicken	\$13.99	Shrimp.....	\$15.99
Baked Salmon.....	\$14.99	Chopped Herring	\$13.99
Chopped Liver	\$13.99	Ind. Can Tuna	\$13.95
Veggie Tuna.....	\$14.99	Ind. Can Sardines	\$14.95
Tuna	\$13.99	Ind. Can Salmon	\$14.95



Our Specialty Salads

Caesar Salad	\$11.99
with Grilled Chicken	\$18.99
Dijon Chicken Salad	\$15.99
<i>On a bed of Mixed Greens</i>	
Grilled Teriyaki Chicken Salad	\$14.99
<i>Chicken Breast grilled to perfection on our charbroiler, served on a bed of Mixed Greens with dressing</i>	
Chef Salad	\$18.99
<i>Traditional style White Meat Turkey, Roast Beef, Salami, with Swiss Cheese, hard boiled Egg, served on Greens</i>	
Tossed Salad.....	\$7.99
<i>Lettuce, Tomato, Cucumbers & Onions</i>	
Cobb Salad.....	\$16.99
<i>Lettuce, Hard Boiled Egg, Bacon, Avocado, Chicken Breast & Blue Cheese</i>	
Mini Salad.....	\$13.99
<i>Your choice of 1 Tuna, Egg or Chicken Salad, Chopped Herring or Chopped Liver over Lettuce, Tomato, Cucumber, Onion</i>	
Greek Salad.....	\$13.99
<i>Romaine Lettuce, Tomato, Cucumber, Onions, Pepperoncini, Olives, Stuffed Grape Leaves & Feta. Topped with our Greek Dressing</i>	
Horiatiki Salad.....	\$15.99
<i>Tomato, Cucumber, Olives, Onions, Green Pepper, Olives, Stuffed Grape Leaves & Feta. Topped with our Greek Dressing</i>	



MINI TRIO..... \$15.99

Served with Lettuce, Tomato, Onion, Cucumber, Peppers & Olives

Choose 1: Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad or Israeli Salad

Choice of: Bread or Bagel

Your Choice of 3 scoops

Tuna, Chicken, Egg,

Chopped Liver, or Chopped Herring

SUB: Whitefish, Salmon or Shrimp Salad for \$1.00 each



Lite & Lean Corner

Tropical Salad	\$13.99
Fresh Fruit Salad, Cottage Cheese and Jello on a bed of Lettuce	
Spring Salad.....	\$13.99
Cottage Cheese or Sour Cream and Garden Fresh Chopped Vegetables	
Individual Can of Tuna (White Meat).....	\$13.99
Packed in water. Served on a bed of Lettuce with Fresh Vegetables & Garnish	
Individual Can of Salmon or Sardines.....	\$14.99
Served on a bed of Lettuce with Fresh Vegetables & Garnish	
Lite Chef Salad.....	\$19.99
Same as our Traditional Chef Salad except we use Roasted White Meat Turkey and Alpine Lace Swiss Cheese and exclude the egg	
Veggie Burger	\$12.99
Served on a bed of Lettuce with Tomato and a choice of Cottage Cheese or French Fries	

TWINS COMBO PLATTER.... \$16.99

Select two items from our list of salads
and one item from our list of Cream Cheeses.

SALADS

White Meat Tuna Salad, Whitefish Salad, Baked Salmon and Egg Salad.

CREAM CHEESE

Plain Cream Cheese, Scallion Cream Cheese,
Vegetable Cream Cheese or Nova Spread.

Served with Lettuce, Tomato, Bermuda Onion, Greek Olives and
choice of one Cole Slaw, Macaroni or Potato Salad and Bagel or Bialy

Grilled Sandwiches

Served with Cole Slaw and French Fries

Rachel.....	\$18.99
Pastrami, Swiss, Russian Dressing & Sauerkraut	
Reuben	\$18.99
Corned Beef, Swiss, Russian Dressing & Sauerkraut	
Turkey Reuben.....	\$18.99
Turkey, Swiss, Russian Dressing & Sauerkraut	
Brisket Melt	\$18.99
Brisket, Swiss, Horse Radish served with Grilled Onions	
Tuna or Chicken Melt	\$14.99
Tuna or Chicken w/ your choice of Cheese & Tomato	
Cheese Philly Steak.....	\$16.99
Served on Club Bread	
Cheese Philly Chicken	\$15.99
Served on Club Bread	
Grilled Cheese	\$9.99
Choice of Cheese: American, Swiss, Cheddar, Muenster or Mozzarella	
Add Bacon \$3.00 Add Tomato \$2.00	
BLT Grilled Cheese.....	\$12.99
Grilled Chicken Sandwich	\$13.99
Lettuce, Tomato & Onions	
Montecristo	\$14.99



Deli Sandwiches

All Sandwiches come on Rye Bread or Bagel and are served with a choice:
 Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad, or Israeli Salad.
 Includes 1 Potato Pancake. Extra Lean, Add \$1.00

Corned Beef	\$17.99
Hot Pastrami	\$17.99
Hot Brisket	\$17.99
White Meat Turkey	\$17.99
Tongue	\$20.99
Roast Beef	\$17.99
Salami	\$19.99
Hard Salami	\$17.99
Baked Virginia Ham	\$16.99



Twins Combination Sandwiches

All Sandwiches come on Rye Bread or Bagel and are served with a choice:
 Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad, or Israeli Salad.
 Includes 1 Potato Pancake. Extra Lean, Add \$1.00

Corned Beef & Pastrami	\$19.99
Corned Beef & Turkey	\$19.99
Corned Beef, Tongue & Turkey	\$19.99
Salami, Corned Beef & Turkey	\$19.99



Triple Combination Sandwiches

All Sandwiches come on Rye Bread or Bagel and are served with a choice:
 Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad, or Israeli Salad.
 Includes 1 Potato Pancake. Extra Lean, Add \$1.00

Turkey, Tongue & Chopped Liver	\$21.99
Salami, Tongue & Corned Beef	\$21.99
Salami, Pastrami & Corned Beef	\$21.99
Pastrami, Corned Beef & Swiss	\$21.99
Turkey Club	\$19.99
Yankee Sandwich	\$20.99
Turkey, Pastrami, Corned Beef, Coleslaw & Russian Dressing	
Twins Tempter	\$21.99
Turkey, Virginia Ham and Swiss Cheese	
Chicken Salad, Bacon, Lettuce & Tomato	\$21.99



Twin Lunch Specialties

Frankfurter (1).....	\$8.99
<i>With French Fries & Cole Slaw</i>	
Double Frankfurter	\$12.99
<i>With French Fries & Cole Slaw</i>	
Fish & Chips.....	\$16.99
<i>With French Fries & Cole Slaw</i>	
Chopped Steak (8oz.).....	\$12.99
<i>Served with Sauteed Onions & French Fries & Cole Slaw</i>	



BAGEL TWINS LUNCH SPECIALS

Choice of: Cole Slaw, Potato Salad, Macaroni Salad, Cucumber Salad, or Israeli Salad, Choice of Bread with Bagel or Bialy add \$1.00

1/2 Salad Sandwich & Cup of Soup.....\$13.99

Choose 1, choice of: Tuna, Egg or Chicken Salad, Chopped Liver or Herring or Seafood Salad

SUB: Shrimp, Baked Salmon or Whitefish \$1.00 each

1/2 Deli Sandwich & Cup of Soup.....\$15.99

Choose 1, choice of: Corned Beef, Brisket or Pastrami, Salami, Roast Beef or Fresh Turkey, Tongue \$1.00 each



Greek Lunch Specialties

With choice of French Fries or Greek Salad

Chicken Wrap.....	\$14.99	Falafel Wrap	\$14.99
Gyro Wrap	\$14.99	Shrimp Wrap	\$16.99

Greek Salad Combos

Small Chicken Combo. \$15.99	Small Salmon Combo.. \$17.99
Small Gyro Combo \$15.99	Small Shrimp Combo .. \$16.99
	<i>5 Large Shrimp</i>



Bagel Twins Soups

Served with Crackers or Bread with Bowl

Chicken Noodle	Cup \$4.99	Bowl \$5.99
with Matzoh Ball	Cup \$4.99	Bowl \$6.99
Soup Du Jour.....	Cup \$4.99	Bowl \$6.99



Monday: Split Pea
 Tuesday: Vegetable
 Wednesday: Minestrone
 Thursday: Split Pea
 Friday: Mushroom Barley



Kids' Menu

10 Years Old and Under Served in the Restaurant Only

BREAKFAST

Served until 3:00pm

Scrambled Egg	\$5.99
French Toast	\$6.99
One Slice 2 Pancakes	\$6.99
Short Stack or Silver Dollar	

LUNCH

Served with Small Fountain Beverage until 3:00pm

Grilled Hot Dog	\$7.99
With Steak Fries	
Jr. Hamburger	\$8.99
With Steak Fries	
Grilled Cheese	\$7.99
With Steak Fries	
Tuna or Egg Salad Scoop	\$9.99
With Bagel or Bread & Butter	
Chicken Tenders.....	\$9.99
With Fries	

Side Dishes

Side of Tomatoes.....	\$1.99	Turkey Bacon (4).....	\$4.99
Lettuce, Tomato & Onion ..	\$4.99	Sausage (2)	\$4.99
Sauteed Onions	\$2.99	Turkey Sausage Patties (2)..	\$4.99
Apple Sauce	\$2.99	Ham Steak	\$4.99
Sour Cream	\$3.99	Canadian Bacon	\$5.99
Cottage Cheese	\$4.99	Homemade Corned	
Cole Slaw.....	\$2.99	Beef Hash	\$5.99
Potato Salad.....	\$2.99	Home Fries	\$4.99
Macaroni Salad	\$2.99	Greek Olives (5)	\$1.99
Baked Beans	\$3.99	Cream Cheese.. \$1.25..Lite	\$1.99
Knishes.....	\$5.99	Scallion Cream	
Potato or Spinach		Cheese.....	\$1.99 Lite \$2.99
Steak Fries	\$4.99	Vegetable Cream	
Whole Sour Pickle	\$1.99	Cheese.....	\$1.99 Lite \$2.99
Cherry Pepper.....	\$1.99	Nova Spread.....	\$3.99
Sweet Red Pepper	\$1.99	Olive Cream Cheese.....	\$3.99
Oatmeal....Cup \$2.99 ..Bowl	\$4.99	Capers or Raisins	\$1.99
Grits.....Cup \$2.99 ..Bowl	\$4.99	Kasha Varnishkes.....	\$4.99
Cold Cereals.....	\$3.99	Walnut, Raisins or Strawberry	
with Fresh Fruit.....	\$8.99	Cream Cheese.....	\$3.99
Bacon (4)	\$4.99		



Beverages

Coffee	\$2.99	Fountain Sodas.....	\$2.99
Fresh Ground & Brewed Regular & Decaf		Seltzer.....	\$2.99
Flavored Coffee Add \$1.00		Cappuccino French Vanilla.....	\$3.99
Hot Tea.....	\$2.99	Chocolate Phosphate.....	\$3.99
Regular or Decaf		Chocolate Egg Cream	\$3.99
Hot Chocolate	\$2.99	Yoo Hoo	\$2.99
Iced Coffee	\$2.99	Natural Spring Water.....	\$1.99
Fresh Brewed Ice Tea		Perrier Sparkling Water.....	\$3.99
or Arnold Palmer	\$2.99	Snapple/Gatorade.....	\$3.99
Arizona Ice Tea	\$2.99	Milk.....	\$2.99
Dr. Brown's Sodas.....	\$3.99	Chocolate Milk	\$3.99
Canned Sodas.....	\$2.99	Hot Water (with Lemon)	\$.99

Orange Juice.....Sm. \$2.99..Lg. \$4.99	Apple Juice	Sm. \$2.99..Lg. \$4.99
Tomato Juice.....Sm. \$2.99..Lg. \$4.99	Cranberry Juice ..Sm.	\$2.99..Lg. \$4.99
Grapefruit Juice ..Sm.		\$2.99..Lg. \$4.99

Bagel Varieties

Plain • Poppy • Sesame • Onion • Garlic • Cinnamon Raisin • Pumpernickel
 Marble • Whole Wheat • Oat Bran • 7 Grain • Rye • E.T. (Everything) • Salt
 Bialys • Asiago • E.T. Whole Wheat

Having a Party?
 Let us be the first to know.
 Then you can be the first
 guest to arrive!
 Please see our Catering
 Menu, we will be happy to
 personalize it according to
 your needs!

Thank you for the
 opportunity to serve you.

We would like you
 to think of "our place"
 as your place"...
 your kitchen
 "without the heat!"

For those busy times
 just call or fax
 your selections to us
 and it will be our
 pleasure to prepare
 your order for
 takeout or delivery.



Company Charge Accounts Welcome!